

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Holland & Barrett name. *We guarantee it!*



No Artificial Colours, Flavours or Sweeteners.  
No Preservatives. No Milk, No Lactose, No Soya, No Gluten,  
No Wheat, No Fish.

Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding or taking any medications, please consult a doctor before use. Discontinue use and consult a doctor if adverse reactions occur. Not intended for use by persons under the age of 18. Phenylketonurics: Contains Phenylalanine. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **HB4596**

[www.hollandandbarrett.com](http://www.hollandandbarrett.com)

Carefully Manufactured in the U.S.A.  
by **HOLLAND & BARRETT** Ltd.

For: Holland & Barrett Retail Limited  
Nuneaton, Warwickshire, CV11 6XW

B4596 05C



# HYDROLYSED COLLAGEN

NATURALLY INSPIRED

1000MG

*Supports the Maintenance of  
Skin, Hair & Nails*

180 COATED CAPLETS | FOOD SUPPLEMENT

**HOLLAND & BARRETT**  
*we're good for you.*

**DIRECTIONS:** Take three caplets twice daily on an empty stomach. Do not exceed stated dose.

## Nutritional Information

Six caplets contain:		%EC RDA*
Vitamin C	60mg	100%
Hydrolysed Collagen	6,000mg	**

\*RDA=Recommended Daily Allowance

\*\*No RDA established

**Ingredient:** Hydrolysed Collagen, Bulking Agents (Microcrystalline Cellulose, Dicalcium Phosphate), Sodium Carboxymethylcellulose, Anti-Caking Agents (Silicon Dioxide, Stearic Acid, Magnesium Stearate), Vitamin C (as Ascorbyl Palmitate), L-Ornithine Hydrochloride, Glazing Agents (Hydroxypropyl Methylcellulose, Glycerine).

**Allergy Advice:** Contains (or contains an ingredient/s derived from) sulphites

*Collagen is a complex structural protein that provides the major building materials for the growth, repair, and maintenance of skin, ligaments, bones, nails and hair.*

*Hydrolysed Collagen supports utilisation by the body along with the important antioxidant, Vitamin C to help support healthy skin, hair and nails.*

Batch No: and Best Before End: